



PACIFICA  
AT ERANOS

# Psyche and the Sacred



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## Psyche and the Sacred

### *A Depth Psychological Approach to Spirituality*

**A 5-Day Retreat at Eranos, in Switzerland,  
with Lionel Corbett | October 20–24, 2013**

A psychologically-oriented approach to spirituality and a new God-image are emerging alongside the Judeo-Christian tradition. This form of spirituality expresses itself from the depths of the psyche, and stresses personal experience rather than belief or sacred texts. Depth psychology gives us a contemporary way to express this evolving step in the history of religious consciousness. Sometimes a new language enables things to be said that have yet to be articulated, and depth psychology is providing this voice.

Traditional ideas about God and religion do not always express the individual's personal spirituality, because one may experience the sacred in ways that are not fully articulated in the traditional teachings. For people who are committed to a traditional religious practice, depth psychology can deepen their relationship to the tradition and their understanding of its archetypal underpinning.

This five-day retreat will focus on personal experience of the numinosum, or the holy, its relationship to the psychology of the individual, and its effects within the personality. Because we have no presuppositions about the ways in which the numinosum may appear, the depth psychological approach is open to personal manifestations of the sacred that may not be recognized as such within traditional Judeo-Christian thought. The depth psychological approach to the sacred focuses on revelation by means of dreams, synchronistic events, creativity, relationships, the earth, the body, sacred places, and attention to our complexes.

The retreat includes five days of morning and afternoon lectures at Eranos, with one free afternoon. We will stay in Ascona, Switzerland and travel back and forth to Eranos by shuttle. There will be ample time for writing, reflection, and exploring the natural beauty of these remarkable surroundings.

**PROGRAM DATES:**  
Sunday, October 20–  
Thursday, October 24

**TUITION:**  
**\$1,575 per person**  
*Limited to 30 Participants*

**CREDITS:**  
**20 CECs**  
*for MFTs, LCSWs, and RNs,*



**Lionel Corbett, M.D.**, trained in medicine and psychiatry in England and as a Jungian analyst at the C.G. Jung Institute of Chicago. He is a faculty member at Pacifica teaching depth psychology. He is the author of *Psyche and the Sacred: Spirituality Beyond Religion*, *The Religious Function of the Psyche*, and *The Sacred Cauldron: Psychotherapy as a Spiritual Practice*.